

Muharram 1435 Lecture Summaries

Title/Topic: Spiritual Jihad vs Spiritual Suicide

Night 6 – Saturday 9 November 2013

Qur'anic References Hadith

Main verse - [\[4:100\]](#)

وَسَخَّرَ لَكُمُ اللَّيْلَ وَالنَّهَارَ وَالشَّمْسَ وَالْقَمَرَ وَالنُّجُومُ
مُسَخَّرَاتٌ بِأَمْرِ رَبِّكَ إِنَّ فِي ذَلِكَ لَآيَاتٍ لِّقَوْمٍ يَعْقِلُونَ ﴿١٢﴾

And He has subjected for you the night and day and the sun and moon, and the stars are subjected by His command. Indeed in that are signs for a people who reason. [\[16:12\]](#)

إِذَا الشَّمْسُ كُوِّرَتْ ﴿١﴾

When the sun is wrapped up [in darkness] [\[81:1\]](#)

الشَّيْطَانُ يَعِدُكُمُ الْفَقْرَ وَيَأْمُرُكُم بِالْفَحْشَاءِ وَاللَّهُ يَعِدُكُم
مَغْفِرَةً مِّنْهُ وَفَضْلًا وَاللَّهُ وَاسِعٌ عَلِيمٌ ﴿٣٦٨﴾

Satan promises you with poverty and orders you to immorality, while Allah

promises you forgiveness from Him and bounty. And Allah is all-Encompassing and Knowing. [\[2:268\]](#)

فَأَلْهَمَهَا فُجُورَهَا وَتَقْوَاهَا ۖ

And inspired it [with discernment of] its wickedness and its righteousness [\[91:8\]](#)

فَإِذَا سَوَّيْتُهُ، وَنَفَخْتُ فِيهِ مِنْ رُوحِي فَقَعُوا لَهُ سَاجِدِينَ

And when I have proportioned him and breathed into him of My [created] soul, then fall down to him in prostration." [\[15:29\]](#)

Hadith:

“Man are Asleep - When he dies he wakes up” I.Ali(a.s)

[Hadith of Unwan al Basri](#)

Recap of last lecture:

- Looked at the self moving from nafs lawwama to Mutafakkira
- Once in lawwama soul is still weak and needs to strengthen
- Mutafakkira spends time thinking
- Ahlul Bayt gave us a structure to know ourselves
 - The people of Jaahiliya didn't like this - like a sleepy person being woken up

Main Content:

- Everything is created subservient to the Human [16:12]
 - Human is the focus of creation.
 - When we die it all goes away - idha shams kuwwarit [81:1]
 - Because God loves Humanity
- Qur'an laments
 - Because after all this we follow shaitan
 - “Shaitan promises you poverty while God promises you grace”[2:286]
- Imam Hussain said “ O forces of Yazid - If you don't have a religion, nor are you scared of the hereafter - Atleast be free human beings!!!”
 - Does it befit human beings to oppress a small number of people.
- Characteristics of Muta'fakkira
 - Accurately determine what is good and bad
 - Still lacks consistency
- In this state of Muta'fakkira we strengthen ourselves and move closer to God
- When the Pagans came to prophet to stop his message
 - Prophet said If you give the moon on my right and the sun on my left still I won't give up
 - He saw the value of Insan
 - “ I blew *my* spirit into him (mankind)” [15:29]
 - Gives the man (insan) worth - because it is God's own spirit blown into it

- As nafs al-Mutafakkira grows strong it stops merely *thinking* of doing good and starts to actually *doing* good
- Some of us say how comes we can't get that connection - If we do minimum towards God, He will do minimum to us
- Next stage (after Mutafakkira) is *Nafs -e-Mulhama [the inspired soul]*
 - Based on [91:8]
 - In this stage:
 - consistency comes in
 - The person must be ultra-vigilant as the 'battle' is full fledged
 - Certain things are lost: Fear,greed etc
 - Certain things are gained: softness of heart, love of God/ppl
 - One key thing that increases is 'Peace of Mind'
 - “ Those who strive in us, We will guide them to our path”
- [Hadith of Unwan al Basri](#) -The hadith talks about a 90-something year old sunni who came to Imam Sadiq for guidance
- Etiquettes of a seeker of the path that can be God from this hadith:
 - a. Seek / put an effort
 - b. Choose your source
 - c. Introspection
 - d. Ask God
 - i. Trust He will answer
 - e. Perseverance

