

Muharram 1435 Lecture Summaries

Night 2 – Tuesday 05 November 2013

Title/Topic: Spiritual Jihad vs Spiritual Suicide

Quranic References / Hadith

Main Ayat:

وَمَنْ يُهَاجِرْ فِي سَبِيلِ اللَّهِ يَجِدْ فِي الْأَرْضِ مُرَغَمًا كَثِيرًا وَسَعَةً وَمَنْ
يَخْرُجْ مِنْ بَيْتِهِ مُهَاجِرًا إِلَى اللَّهِ وَرَسُولِهِ ثُمَّ يُدْرِكْهُ الْمَوْتُ فَقَدْ وَقَعَ أَجْرُهُ
عَلَى اللَّهِ وَكَانَ اللَّهُ غَفُورًا رَحِيمًا ﴿١٠٠﴾

Whoever migrates in the way of Allah will find many havens and plenitude in the earth. And whoever leaves his home migrating toward Allah and His Apostle, and is then overtaken by death, his reward shall certainly fall on Allah, and Allah is all-forgiving, all-merciful.

Main Content:

Topic for today: Nafs.

Nafs is not just one thing. The Quran and hadith talk about the nafs in 7 stages.

The first stage of the nafs is called Nafs e Ammarra

Summary of last night:

- We set rules in order not to be distracted from reality
 - It is human nature to enter into conflict. We can't have a conflict free society.
 - Most of conflicts can be solved by clear communication between two parties.
 - But many times we get dragged down into tangents.
 - We pick out a word and make an issue out of it.
 - Distractions take us away from our true objective.
 - We miss the wider picture in life.
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- Human beings are naturally inclined to make sense of the world.
 - Allah shows us signs everywhere.
 - Buy one sign is so obvious that we miss it. And this is our religion.
 - The signs in the natural world are constant. They are everywhere around us.
 - But many a time, we are oblivious to them.
 - Thus it is a curse and a blessing at the same time, as they either teach us; or we take them for granted
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- Every now and again Allah helps us by giving us a short intensive sign.
 - These signs make us more conscious

- The first major sign is the month of Ramadhan
- Because we just can't enter into it, Allah prepares us from the month of Rajab
- In Ramadhan we are the guest of Allah but are told to repeatedly ask for hajj. Allah gives us a taste of his mercy in Ramadhan; and then asks us to pray for a physical meeting by going to His house. He is trying to tell us that this is not enough. We need to yearn for more.
- Hajj is a short term intensive experience.

Story of Rumi:

- A King had love for art. So he calls romans and Chinese. For a competition to paint a wall.
- Chinese paint the wall beautifully; whereas the Romans just polish it. This reflects off the painting of the Chinese wall and the king is impressed.
- Moral: We need to purify our hearts so that even when we pray and recite duas, they actually touch our heart.
- Pinnacle of the 3 months is eid ul fitr.
- Eid comes from 'awd' which means to return.
- Eid ul fitr is returning to original state
- The state in which Allah asked me before I was brought to this world 'Am I not your Lord?'
- Return to state where I now instantly know my lord.
- Jannah and God don't come cheaply.
- Hadith of the Prophet: 'Your bodies are very expensive. Do not sell them for anything less than heaven
- God sends me with my natural state- which is the fitrah.
- It is up to me to go back to my original state.
- When I leave this earth am I a better human.
- How far have I evolved in my evolution towards God
- Does Allah become my first reaction in life- whether im sleeping, awake, at work, at home e.t.c

Task:

Ponder on Surah Yusuf Vr:12